

## DEPARTMENT OF PSYCHOLOGY

The Department of Psychology offers a Bachelor of Science in Psychology designed to prepare students towards a scientific understanding of human behavior. The BS Psychology Program provides opportunities for experiences in psychological evaluation, research work and community involvement. It also prepares the student for graduate work.

The BS Psychology Program requires 67 units of Psychology courses including Psychology 11, a basic course. At the senior level the Internship Program is also required. Other required courses are: Psych 22, 23, 24, 30, 31, 32, 33, 34, 35, 36, 37, 38, 39, 41, 42, 43, 44, 45, 46, 47 & 48. There is an additional 9 units for elective courses.

A student must get a minimum grade average of 2.5 for all major courses. In addition, a minimum grade average of 2.0 is required for all other courses. Those who are shifting must have an average grade of 2.0. Credit for work taken in other schools should be approved by the Department Chair. Nine units of major courses earned in other schools can be credited. Exceptions to these policies are made and recommended by the Department or the Admission Committee.

The Psychology Department offers a Certificate in (a) Psychology, (b) Gender Studies, or (c) Human Resource Management. The Certificate in Psychology is primarily designed for students from the College of Nursing and Allied Medical Sciences who have formally enrolled in this program and have satisfactorily completed 18 units of specified Psychology courses. The Certificates in Gender Studies and Human Resource Management are

primarily designed for the growing number of Psychology majors. Students from other colleges or departments as well as qualified members of the larger community may also avail of the non-degree Certificate courses.

The Psychology Department also offers the degree Master of Arts in Psychology major in (a) Industrial/Organizational Psychology, (b) Social and Community Psychology, or (c) Counseling Psychology. This program aims to prepare professionals to use their knowledge in the basic science of psychology in their work, whether in industry, school, government, community agencies, or the clinical setting. The courses are organized around the theories and principles of human behavior with an emphasis on local culture and practical application. A general admission test is administered and an applicant interview is conducted. Training and work experience are an added advantage. Undergraduate academic credentials are assessed. Applicants are expected to have above average performance in relevant undergraduate courses.

## Bachelor of Science (Psychology) Bachelor of Science (Psychology)

### First Year

<b>First Semester</b>			<b>Units</b>
BC	11	Basic Com Skills	3
Spch	11	Basic Speech Com	3
Chem	15	General Chemistry	5
		Foreign Language 11	3
Math	11	College Algebra	3
Psych	11	General Psychology	3
Rel	11	Old Testament	3
PE	11	Basic Phys Edu	2
NSTP	1		3
PEP	1		NC
Total			28

<b>Second Semester</b>			<b>Units</b>
BC	12	Basic Com Skills 2	3
CF	1	Computer Fund	3
Chem	18	Intro to Organic Chem w/ Biochemistry	5
Math	12	Plain Trigonometry	3
SoAn	44	Population Studies	3
Rel	22	New Testament	3
PolSci	11	Tax & Land Reform	3
PE	12	Basic Phys Edu	2
NSTP	2		3
PEP	2		NC
Total			28

### Second Year

<b>First Semester</b>			<b>Units</b>
BC	25	Research Writing	3
Bio	33	General Zoology	3
Fil	13	Sining ng Pakikipagtalastasan	3
FA	51	Fine Arts	3
Hist	41	Life and Works of Rizal	3
Philo	23	Philo of the Human Person	3
PolSci	51	Philippine Government	3
Rel	61	Christian Ethics	3
PE	21	Basic Phys Edu	2
Total			28

<b>Second Semester</b>			<b>Units</b>
Lit	21	Lit of the Philippines/	3
	22	Lit of the World	
Bio	36	Human Anatomy & Physic	5
Fil	24N	Pagbasa & Pagsulat.	3
Hist	52	Philippine History	3

Psych	22	Fundamental Statistics	5
Spch	23	Spch & Oral Comm	3
PE	22	Basic Phys Edu	2
Total			24

### Third Year

<b>First Semester</b>			<b>Units</b>
Psych	23	Personality	3
Psych	31	Developmental Psych	3
Psych	33	Intro to Gender Studies	3
Psych	35	Learning & Cog Psych	3
Psych	37	Industrial Psych	3
Psych	39	Experimental Psych	3
Total			20

<b>Second Semester</b>			<b>Units</b>
Psych	24	Intro to Guidance Services	3
Psych	30	Psychological Testing	5
Psych	32	Physiological Psychology	3
Psych	34	Social Psychology	3
Psych	36	Intro to Family Dynamics & Counseling	3
Psych	38	Group Dynamics	3
Total			20

### Fourth Year

<b>First Semester</b>			<b>Units</b>
Psych	41	Research in Psychology 1	3
Psych	43	Practicum 1	3
Psych	45	Abnormal Psychology	3
Psych	47	Intro to Counseling Psych	3
Elective			3
Elective			3
Total			18

<b>Second Semester</b>			<b>Units</b>
Psych	42	Research in Psychology 2	3
Psych	44	Practicum 2	3
Psych	46	Current Issues in Psych	3
Psych	48	Filipino Psychology	3
Electives			3
Total			15

### Course Description

#### **Psychology 11. General Psychology 3 units**

A broad coverage of the conceptual and empirical foundations of psychology in its main fields. The discussion of the theories, concepts, and empirical findings focuses on complex human behavior: how and why we think, feel, and behave

the way we do, how we act and interact with others, and why and how we become the unique individuals that we are. A prerequisite to all higher Psychology courses.

**Psychology 22. Fundamental Statistics** **5 units**

Basic concepts and methods of descriptive and inferential statistics and their use in the design, analysis, and interpretation of psychological studies. The students will be introduced to statistical packages through computers in preparation for their courses in Experimental Psychology, Psychological Testing, and Research in Psychology II.

**Psychology 23R. Personality** **3 units**

A survey of the major theories of personality and the theoretical and practical issues involved in the scientific study and understanding of personality formation and dynamics.

**Psychology 24. Introduction to Guidance Services** **3 units**

This course deals with typical psychological problems, the counseling process, and various principles, theories, and techniques of guidance and counseling, as well as, the role and function of guidance services in the educational program.

**Psychology 30. Psychological Testing** **5 units**

The principles, methods, and uses of psychological testing are tackled with emphasis on issues of item analysis, reliability, and validity in test construction (with computer use). The administration, scoring, and interpretation of objective cognitive and affective tests used in various settings are covered. Ethical considerations as well as current trends and issues in psychological testing in the Philippine setting are discussed.

**Psychology 31. Developmental Psychology** **3 units**

A study of human development through out the life span in the areas of physical, social, cognitive, emotional, and moral development. Major developmental theories are tackled. Emphasis is given on the system perspective and the interactive dimensions of human development particularly in the Filipino setting.

**Psychology 32. Seminar in Psychology W Physiological Psychology** **3 units**

The physiological approach to studying human behavior. Basic concepts and findings in neuroanatomy and neurophysiology with emphasis on brain-body relationship, brain-behavior relationship, and mind-behavior relationship are treated in this course.

**Psychology 33. Introduction to Gender Studies** **3 units**

This is an interdisciplinary course that utilizes tools for analyzing women's experiences and studies the way that sex and gender manifest themselves in social, cultural and political contexts.

**Psychology 34. Social Psychology****3 units**

The scientific study of human social behavior: how and why we think, feel, behave, and related to one another in social situations the way we do. The major theories, concepts, and empirical findings in social psychology are dealt with. Social behavior and social phenomena in the Philippine setting are examined from the social psychological perspective.

**Psychology 61. Introduction to Queer Theory****3 units**

This course is designed for undergraduate and graduate students who are studying contemporary issues in gender studies, It will introduce students to major themes and questions, articulations and expressions of /in queer theory. As an introductory course, the aim is to provide students with an opportunity to survey the texts that are of particular importance for understanding not only the theory as such, but, more importantly, also to the challenges and possibilities that queer theory brings and contributes to gender studies

**Psychology 62. Psychology and Women****3 units**

This course will explore theories and empirical research in psychology on the experiences of women in multi-cultural contexts. It also looks at specific stories of women in specific different contexts/situations.

**Psychology 71. Business Psychology****3 units**

Focuses on individual and social determinants of human behavior in various aspects of commerce, manufacturing or service.

**Psychology 72. Engineering Psychology****3 units**

Psychology, in this context, focuses on the information-processing capacities of human brain, which are the key characteristics of this course. Engineering psychology is a field that specifically applies a psychological perspective to the problems of system design.

**CERTIFICATE PROGRAMS IN PSYCHOLOGY**

The Psychology Department offers three non-degree certificate programs that are multidisciplinary in orientation and responsive to the needs of our students and various sectors of the community.

Our certificate programs are aimed at making our students and graduates "readily employable and can create jobs; conversant, concerned and involved with social issues; ready to assume leadership roles..."(SUM MA document).

The Certificate in Psychology was originally meant for students from the College of Nursing, but the program has been expanded to include course options for students from other colleges (notably those from non-clinical fields) such as the College of Business Administration, the College of Education, the Divinity School, and other departments of the College of Arts and Sciences.

The Certificates in Human Resource Management and in Gender Studies were designed primarily for Psychology majors, but are also open to non-Psychology students as well as qualified members of the community.

Each program offers eighteen (18) units of selected major psychology subjects. Proper advising is done at the Psychology Department and will depend upon the student's needs. A maximum of nine (9) units of Psychology subjects is allowed per semester. Upon completion of the selected subjects, a certificate in the program of choice is issued to the student.

**Requirements for Admission**

1. Letter of endorsement from their respective college.
2. Properly filled-up Cross Registration slip.

**CERTIFICATE IN PSYCHOLOGY (18 units)**

**Core Courses (9) nine units**

Psychology 23	Personality	3 unit
Psychology 31	Developmental Psychology	3 unit
Psychology 35	Learning and Cognitive Psychology	3 unit

**Electives minimum of (9) nine units**

Psychology 24*	Intro to Guidance Services	3 unit
Psychology 27	Psychology of Health	3 unit
Psychology 32	Physiological Psychology	3 unit
Psychology 34*	Social Psychology	3 unit
Psychology 45*	Abnormal Psychology	3 unit
Psychology 46	Current Issues in Psychology	3 unit

\*Prerequisite -Psychology 23

Note: If any of the above-mentioned courses are part of one's curriculum in his/her respective college, it should be excluded in the computation of the total of 6 Psychology courses for the Certificate. For example, Psychology 35 is in the Nursing Curriculum-, the student should, therefore, take four courses from among the electives.

**CERTIFICATE IN HUMAN RESOURCE MANAGEMENT (18 units)**

**Core Courses (9) nine units Psychology 23\* Personality**

Psychology 30**	Psychological Testing	3 units
Psychology 34	Social Psychology	5 units
Psychology 37	Industrial Psychology	3 units
Psychology 38	Group Dynamics	3 units

**Electives minimum of (9) nine units**

Psychology 50	Intro to Environmental Psych	3 units
Psychology 51	Fundamentals of Management (Same as Management 11/12)	3 units
Psychology 52	Personnel Management (Same as Management 53)	3 units
Psychology 53	Human Behavior in Organization (Same as Management 71)	3 units

Psychology 54	Business Ethics	3 units
	(Same as Management 36)	

\*Required of non-Psychology Majors in place of Psychological Testing \*\*Required of Psychology Majors-, not to be offered to non-Psychology majors

**CERTIFICATE IN GENDER STUDIES (18 units)**

Core Courses (9) nine units

Psychology 23	Personality	3 units
Psychology 34	Social Psychology	3 units
Psychology 46	Current Issues in Psychology	3 units

**Electives Minimum of (9) nine units**

Psychology 60	Seminar in Women’s Studies	3 units
Psychology 61	Introduction to Queer Theory	3 units
Psychology 62	Psychology & Women	3 units
Psychology 63	Women & Law	3 units
Psychology 64	Womens’ Sexuality	3 units
Psychology 65	Women. Lit & the Arts	3 units
Psychology 66	Feminist Counseling	3 units
Psychology 67	Women & Religion	3 units

**DOCTOR OF PHILOSOPHY IN PSYCHOLOGY**

\*Major in Social-Organizational Psychology

\*Major in Clinical Psychology

**Program Description**

The PhD programs aim to develop individuals who are competent researchers and professionals equipped with a strong scientific foundation for teaching, research, practice, and advocacy in psychology. Students are encouraged to develop theories and the skills and attitudes necessary for undertaking research and sound practice. There is an emphasis on the application of knowledge in the Philippine and regional context. The two majors in the doctoral level are: Social-Organizational Psychology and Clinical Psychology.

**Program Objectives**

Guided by the country’s development agenda and the university’s strategic plan, the program is in keeping with the mission for leadership in instruction, research, practice, and community service. The program aims to develop individuals who are:

- (1) Strongly grounded on the theories, principles, and techniques of psychology for improved and informed teaching, research, practice, and advocacy;
- (2) Equipped to translate theory into practical application, sensitive to the

psychosocial, environmental, and economic dimensions of a local, national, regional, or global development agenda;

(3) Socialized to a variety of roles including student, teacher, peer, scientist, scholar, professional, and roles of personal life that impact other roles.

### **Requirements for Admission**

A general admission test will be administered and an applicant interview will be conducted by the program coordinator and one other faculty member of the psychology department. Training and work experience are a must and an added learning advantage. Assessment of undergraduate and graduate credentials will be done by the program coordinator. It is expected that applicants have above average performance in relevant undergraduate and graduate courses. Three letters of reference will also be required of each applicant.

### **Doctor of Philosophy (Ph.D.) in Psychology**

CHED guidelines indicate that the Doctor of Philosophy (Ph.D.) in Psychology is not only a teaching/research degree but also provides advanced practitioner training in the form of a 6-unit internship in the field of clinical psychology. Students with an M.A. or M.S. degree in Psychology take a total of 45 units for the Ph.D. degree. Students without an M.A. or M.S. degree in Psychology take a total of 69 units for the Ph.D. degree. In the field of Social-Organizational Psychology (that does not require Internship), the total units are 39 and 63, respectively. Students without an M.A. or M.S. degree in Psychology have to submit a Qualifying Paper before the Comprehensive Examinations.

### **Undergraduate Prerequisites**

Based again on CHED guidelines, minimum undergraduate prerequisites in order to take graduate level subjects in the M.A. and Ph.D. psychology programs are the following: General Psychology, Psychological Statistics, Experimental Psychology, Research in Psychology I, and the introductory undergraduate subject of the area in which the student will specialize in her/his graduate program. For instance, the undergraduate Abnormal Psychology course is a prerequisite for students majoring in Clinical or Counseling Psychology at the graduate level; the undergraduate Social Psychology course is a prerequisite for students majoring in Social Psychology at the graduate level, and so on.

### **PhD in Psychology, Major in Social-Organizational Psychology**

The Social-Organizational Psychology program helps prepare students for specialized teaching and research on the psychology of individuals and groups in social and organizational settings. Research areas include but are not limited to social change, psychology of poverty, women and development, behavior in



organizations, political psychology, psychology of peace, environmental issues, job selection and human performance, community psychology, organizational climate, and human potential.

### PhD in Psychology, Major in Clinical Psychology

The Clinical Psychology program is intended to train students to contribute to basic and applied knowledge of clinical issues and to develop a responsive and responsible clinical practice. Learned competencies will include training in clinical assessment and diagnosis, psychotherapy and counseling concerns with a diverse clientele, psychology and law, advocacy work in government and industry, the teaching and counseling of future mental health professionals, and educating the public on mental health issues through involvement in community programs.

#### Curriculum

A. Core Courses (15 units)		
Psy 200 Systems & Theories in Psychology (for those without MA/MS Psychology)		3 units
Psy 202 Advanced Statistics I (for those without MA/MS Psychology)		3 units
Psy 201 Advanced Research Methods I* (for those without MA/MS Psychology)		3 units
Psy 302 Advanced Statistics II		3 units
Psy 301 Advanced Research Methods II**		3 units

\*could be either quantitative or qualitative research methods

\*\*should be qualitative research if student has taken quantitative research, and should be quantitative research if student has taken qualitative research.

#### B. Major Courses (12 units for those with MA/MS Psychology; 27 units for those without MA/MS Psychology)

1. Major in Social-Organizational Psychology		
Psy 310 Ethical Perspectives in Psychology		3 units
Psy 312 Research and Devt. in Philippine Psych		3 units
Psy 314 Special Topics in Theory Construction		3 units
Psy 320 Seminar in Adv Soc-Organizational Psych		3 units
Psy 331 Special Topics in Psychological Assessment		3 units
Psy 336 Special Topics in Test Construction		3 units
2. Major in Clinical Psychology		
Psy 310 Ethical Perspectives in Psychology		3 units
Psy 312 Research and Devt. in Philippine Psych		3 units
Psy 314 Special Topics in Theory Construction		3 units
Psy 326 Advanced Techniques in Psychotherapy		3 units
Psy 330 Seminar in Adv. Clinical Diagnosis		3 units

Psy 331 Special Topics in Psychological Assessment	3 units
Psy 336 Special Topics in Test Construction	3 units
Psy 340 Seminar in Adv Clinical Psychology	3 units

### C. Cognates (9 units)

Cognates or electives (minor subjects) may be any three subjects from this list or from MA course offerings or from those not previously taken as majors or any other courses approved by adviser.

Psy 250 Political Psychology	3 units
Psy 252 Peace Psychology	3 units
Psy 254 Managerial Psychology	3 units
Psy 256 Marketing Psychology	3 units
Psy 278 Marriage and Family Therapy	3 units
Psy 280 Seminar in Clinical Psychology	3 units
Psy 324 Group Therapy II	3 units
Psy 333 Special Topics in Research Methods	3 units
Psy 334 Psychological Interview	3 units
Psy 338 Neuropsychology	3 units

### D. Qualifying Paper

Students without an M.A./M.S. degree in Psychology have to submit a Qualifying Paper before the Comprehensive Examinations. The Qualifying Paper can be a research project or an extensive literature review in the student's chosen area of expertise.

### E. Internship for PhD Psychology, major in Clinical Psychology (6 units)

Advanced practitioner training in the form of a 6-unit internship is required of students majoring in Clinical Psychology. Students qualify for Internship if they have completed most if not all course requirements and are placed in supervised clinical settings upon the advice of the internship coordinator.

### F. Comprehensive Exams

After completing all of the required academic units (including internship), the candidate is expected to pass a written comprehensive examination for nine subjects (5 core subjects and 4 major subjects).

### G. Dissertation (12 units)

The student may enroll for dissertation writing upon passing the comprehensive examinations and will be assigned a dissertation adviser by the program coordinator.

## H. Oral Defense of Dissertation

## I. Summary of Unit Requirements

With MA/MS Psy	Without MA/MS Psy	
Core Subjects	6	15
Major Subjects	12	27
Cognates	9	9
Internship (Clinical)	6	6
Dissertation	12	12
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Total (Clinical Psych)	45	69
Total (Soc-Org Psych)	39	63

### Members of the Faculty

#### **Margaret Helen U. Alvarez**

Assistant Professor, Dean, College of Arts & Sciences, BS (Psychology), Silliman University; MA (Psychology) University of the Philippines; Ph.D. (Clinical Psychology), Ateneo de Manila University

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